

## Booking proposal EC04220101

April 2022

### Morocco - 9 Days

#### 1. Itinerary:

This is a 9 day programme, to give you a tailored itinerary that we hope you will like. Please comment freely on this and we will refine it if and as required.

#### **High Atlas 7-day Trek - 2022**

##### ***Day 1: Marrakech:***

Once you arrive at Menara International Airport, you will be met by your driver who will take you for a short drive to your boutique hotel, where you will be warmly greeted and welcomed. After Check in, you will take time to familiarise yourself with your room and enjoy the facilities the Riad can offer. This evening you will have the chance to wander around the medina of Marrakech before you enjoy some of the delicacy of the gastronomy of this wonderful city.

Overnight: Riad Al Rimal - bed & breakfast basis

##### ***Day 2: Marrakech - Azilal – Aross Village (1800m):***

After an early breakfast, we set off to the beautiful Bougmez valley, which is a five hours journey. Drive to visit Ouzoud Waterfalls and have picnic lunch there or in Azilal city. The tour continues to the village called Arouss. Meeting our mule team at the Valley, and we will spend the night in a local Guesthouse.

Overnight: Guesthouse - full board basis

##### ***Day 3: Arouss – Ikkis Gorges (2200m) – Arouss:***

After enjoying a lovely all just homemade breakfast, we will hike to the Gorges d'Arous and the sheepfolds (azib) of Arouss. It is going to be a proper 5 hours walk through villages to the gorges, where we will have some lunch and head to a local guest house where we are going to sleep over. 5-6 hours walk

Overnight: Guesthouse - full board basis

##### ***Day 4: Arouss (1900m) – Ait Imi (1900m):***

After your host will be preparing your breakfast, we will have the chance to have breakfast all together and have a chat with the host family. Then, we start our hike and get to meet villagers working in the fields. We cross different cultures on the terrace by passing via several villages. We will enjoy Lunch in pure nature under the substantial walnut trees then we will continue to the Ait Imi Source site. We spend the night in a local Gite. 5 hours of trekking.

Overnight: Guesthouse/Local Gite - full board basis

##### ***Day 5: Ait Imi Spring – Adazen Pass (2200m) – Ifran Village (2000m):***

Leaving the source after breakfast to explore the famous dinosaur footprints. We then proceed to the village of R'bat and trek upwards to the pass. Adazen Pass offers a spectacular view of the valley. After lunch, we descend to the other side of the valley and camp overnight in tents close to Ifran village or we spend the night in a local guesthouse. 5 hours walk.

Overnight: Guesthouse/Camp - full board basis

***Day 6: Ifrane Village – Visit Izoughar Lake (2600m) back to Zaouit Almzi Village(2200m):***

We leave Ifrane village very early morning for the Lake. We'll cross cultures on the terrace by passing via other villages, then take a path that leads to the Lake. You will have all the opportunity to interact with locals have a chat, get engaged in their type of works and life style. The inhabitant of these areas are the most kind people, still simple and leaving a very simple and basic life and appreciate what nature offers them. After having some lunch, we walk down to Zaouit Almzi. It will be over 6 hours walking but worth every second!

Overnight: Guesthouse - full board basis

***Day 7: Zaouit Almzi Village (1700m) – Timit (1800m):***

It will be an early breakfast, we will continue trekking through the valley down to Timit Village through many micro villages where we will be locals going to their fields. After 5 hours walk we will arrive to the village where we will have dinner prepared by our host and spend the night in the guest house. 5 h trek.

Overnight: Guesthouse - full board basis

***Day 8: Ait Bougmez valley – Marrakech:***

Your trekking adventure will finish today as after breakfast you will head back to Marrakech. Of course, you have a chance to enjoy the beautiful scenery of the Valley and enjoy being surrounded by locals and their children. Our Private transfer from the valley will take you all the way back to Marrakech. It is a 5 hours journey, but of course you will have a stop or two.

Overnight: Riad Al Rimal - bed & breakfast basis

***Day 9: Marrakech: – Marrakech Menara Airport:***

It is your departure day! After you enjoy your breakfast and Check out, your driver will drive you all the way to Marrakech Menara Airport for your departure!

## 2. Price per person:

The price is as follows for the ground arrangements only:

UK£945\* per person based on 2 people travelling (£895 pp for 4 people travelling)

*\* prices are subject to change due to exchange rate fluctuations and thus confirmation at time of payment/booking.*

## 3. Flights:

To be advised by the client.

## 4. Accommodation:

As stated above for a double room.

## 5. Inclusions/Exclusions

Ground arrangement price includes:

- Transfer from Marrakech at the start and transfer to Marrakech at the end of the trek
- Airport transfers
- Accommodation in Marrakech and on the. This will be tents, or in Berber houses and Riads in Marrakech - as stated.
- All meals on the trek. Meals are freshly prepared and cooked and are typical Moroccan dishes (Tajine, Soup, Couscous), tea and coffee included
- The services of a qualified, experienced English speaking mountain guide
- Mules, Muleteers and cook. The mules carry your luggage (rucksack recommended. You only need carry a daypack

and excludes:

- Any additional meals and drinks not listed (water, soft drinks,)
- Travel Insurance
- International Flights
- Any optional activities
- Tipping (driver, guides)

### What do we recommend you bring?

Sleeping Bag, Day-pack, Sunglasses, Water bottles (most of the time is possible to buy during the trek from villages), Towel, Cotton long sleeved shirt (for intense sun), Light wind-proof jacket, A hat (sun), Lightweight long walking trousers, 2-3 T-shirts, Woollen sweater/fleece, Cotton scarf (doubles as a wash cloth), Hiking boots or hiking shoes.

Small First aid kit: Disinfectant crème, Band-Aids, Ibuprofen (Advil or generic – for pain, swelling), Tylenol (colds and fever), Cold medication – Echinacea/zinc lozenges, Tweezers, Visine, Aloe Vera gel (for burns), Anti-histamine tablets, Diarrhoea medication (Imodium), Sun block, Moisturiser/lip balm with sun block, Small torch/flash-light (small bicycle lights make good travelling torches).

We hope that this outline programme meets your wishes, but please come back to us with any questions or comments.

The Product Team,  
Earth Cultures Limited.